

# COMPASSIONATE LISTENING FOR COUPLES

Join this interactive, rich and fun Couples Workshop designed for those considering a commitment and for those hoping to strengthen one. In this workshop, we will offer Compassionate Listening practices that promote speaking and listening from the heart while attuning to yourself and the other.

In a safe and supportive environment of purposeful exploration, you will experience the replenishing of connection, curiosity, and trust. You will learn powerful tools that you may use immediately to intensify intimacy and mediate struggles. You will discover ways to nurture the pleasure and joy of being together!

**Amy R. Rakusin**, MA, LCPC, BC-DMT, NCC, is a licensed psychotherapist and certified CL facilitator. Specializing in the treatment of trauma, she works with adolescents and adults using psychodynamic and somatic therapies to promote healthy integration of body, mind and spirit.

**Phil Fratesi**, M.Ed, is an organizational development consultant and event planner. Phil's early career as an educator (teacher and school administrator) taught him that listening to the stories of others is a cornerstone of building mutually productive relationships.

This workshop is an outgrowth of their marriage as well as their confidence that Compassionate Listening heartens and energizes the intimate relationships that are central to our lives.

For more information about Compassionate Listening: [compassionatelistening.org](http://compassionatelistening.org)

\$140 per Couple  
March 13, 2010  
10am - 5pm

*Stony Run Friends Meeting  
5116 North Charles St.  
Baltimore, Maryland*

*For Information  
and to Register  
Please call or email  
410-472-9957*

[rakusin\\_fratesi@verizon.net](mailto:rakusin_fratesi@verizon.net)

